



OLI



TEMPLE OF FINE ARTS ADELAIDE | Principal: MS VITHYA | 0426 966770

Summer 2021

The new norm continues!

Students of TFA Adelaide are performing at The Adelaide Fringe festival. More details in this issue!

We are proud to share our students' contributions as articles for the newsletter.

TFA Adelaide is also looking forward to hosting its inaugural Appreciation Lunch & Bollywood Show on 28 March 2021 at Cosgrove Main Hall in conjunction with our Principal's 50th birthday. All parents and students would have received an invitation for this event by email!

New Class Opening Soon In Kilburn!

TFA Adelaide will be starting a new class for kids, 5 - 10 years old to learn Bharatha Natyam in the second term of 2021. Classes will be held at Kilburn Hall on Saturdays at 1.00 - 1.45pm. For enrolment details and further information, please contact Ms Vithya. Kindly share this information with friends or anyone who may be interested.



Principal's Message

Happy New Year 2021 to all our students, parents and well wishers! I am hoping that this year would slowly see the return of more live music, dance shows and performances as there are signs of that happening already. To me, I see my students have come back this year with a renewed energy and they are working harder than ever to reach higher levels.

Furthermore our Newsletter - **OLI** has turned one year old! We launched it in February 2020 and published 4 editions for every season! I would like to sincerely thank our editor, Rekha Prabakaran for her wonderful work on this and keeping everyone updated with TFA's events!

To kick off this year on a strong note, we are hosting our very own **Fringe** performances! They are **"Margam - A Dancer's Journey"** and **"Simply Odissi"** will be staged on 28th February and 7th March 2021. Apart from that, another group of dancers will be performing a Barathanatyam piece - Natesha Kautuvam for the **IAASA Indian Mela** on Saturday February 27th at Victoria Square in the city. This would be part of the VIP segment in the evening. On the 30th of March, Temple of Fine Arts Adelaide through the invitation of Shruthi Adelaide will be featured in an online event called Global Akhanda Intergrated Awareness (G.A.I.A) organised by Vishwaroopa Sai Consciousness Group. Looking forward to another year of progress in dance for students and the school!

- Vithya Karthigesu

TFA Adelaide:Classes at Kilburn Hall (Saturday)

9-10am	Odissi Class
10-11am	Bharatha Natyam Group 1 (Stage 2 & 3)
11-12pm	Bharatha Natyam Group 2 (Stage 4)
12-1pm	Bharatha Natyam Kid's Class (Stage 1)

Classes at Cosgrove Hall,Clovelly ParkSunday:

9-10am	Bharatha Natyam Kids' Beginners
10-11am	Bharatha Natyam Mixed group (Stage 3 & 4)
11-12pm	Bharatha Natyam Mixed group (Stage 1 & 2)
12-1pm	Bharatha Natyam (Stage 5)

Monday:

6-7pm	Bharatha Natyam Kids' Intermediate
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Wednesday:

6.30-7.30pm	Odissi Class
7.30-8.30pm	Bharatha Natyam (Stage 1)



TFA Adelaide performs at Adelaide Fringe Festival

One of the famous festivals celebrated in South Australia annually is the Adelaide Fringe and this year TFA Adelaide is proudly hosting 2 events on 2 different days.

"Margam" is a Barathanatyam performance by our senior students and tells a story of a student's journey in this art form.

"Simply Odissi" on the other hand will showcase the beautiful technique of odissi dance and the gracefulness and fluidity of the dance. Combined with melodious music this will be a treat to all your senses! All our senior dancers including Ms Vithya are performing in this.

Ticket information for Fringe shows:-

Margam - A Dancer's Journey Shows: Sunday 28/2 @ 5pm - 6pm and Sunday 7/3 @ 6pm - 7pm.

Simply Odissi Shows: Sunday 28/2 @ 6pm - 7pm and Sunday 7/3 @ 7pm to 8pm.

Venue: At the The Garage International @ Adelaide Town Hall, 128 King William Street (enter via Pirie Street).

The tickets are available online at

www.adelaidefringe.com.au/

www.thegarageinternational.com.

You may also get them directly from **The FringeTix Box Office** which have various locations in the city. Tickets are priced at \$25 for full priced ticket/ \$18 for children and \$19 for Bank SA Card holders. If you buy tickets for 2 shows, you will automatically receive a 25% discount when you go to checkout for full priced tickets only. So it would be \$40 to watch 2 shows, one after the other!

If you still need more information about the show, kindly contact Ms Vithya. Only limited seating available, so please buy your tickets fast!



“I felt a connection between my body, mind and soul every time I danced.”

“After 17 years, I found myself ... I found my passion for dancing



again, in a new form!”

My Journey in Dance (by Shoba Kanagaratnam)

My journey in Barathanatyam began at the age of 12 in Malaysia. I juggled between school, martial arts, swimming and dance throughout my schooling life. Dance was what I loved learning the most. Dancing to the rhythm of music and ‘sollu kattu’ just takes me to another realm. This joyous synchronisation that dance creates within me is priceless. I continued learning dance even when I left home to pursue my studies in Queensland. I would attend dance lessons with my guru back in Malaysia during my semester breaks. At cultural shows in university, I would perform at Barathanatyam recitals.

After many years of learning, vigorous training and performances, I did my Arangetram (Barathanatyam Graduation) when I was 23. By then I was working and married.

I thought my journey had ended after my Arangetram due to my responsibilities increasing as a wife and working mum. Years passed and I moved here to Adelaide. When I came here, I missed home, I needed to re connect with myself, it was then I realised how much I had missed my passion to dance. I called my friend in Malaysia and asked her to recommend a good dance teacher and that is how I met Vithya.

Since I had learnt Barathanatyam, I felt like taking on a challenge with myself to learn something different but not away from the fine art of classical dancing. When I knew that Vithya also taught Odissi, I decided to take it on.

After 17 years, I found myself ... I found my passion for dancing again. At first I was feeling quite excited yet nervous to try a new style of classical Indian dance because Odissi has more ‘lasya’ compared to Barathanatyam and I had to learn to unlearn. This is where Vithya gave me all the confidence, guidance and encouragement to learn Odissi.

Being a mother of two young children in a foreign country I had my fair share of challenges, nevertheless, I did not want to make it as an excuse to not pursue my passion. They say that, when there is a will, there is a way and true enough I found ways to make sure that I attended classes without fail and put my ‘salangai’ (dancing bells) on again to perform on stage, and this time as a mother. All credit of me being a dancer goes to my parents and guru. Their sacrifices and believe in me has driven me to continue this wonderful journey of dance with much gratitude.

- By Shoba Kanagaratnam (Odissi Student)

The 9 expressions...

Rasa in the Sanskrit language translates to spiritual essence. According to the *Natyashastra*, *Rasa* is the feeling felt by the audience when *Bhava* (emotion) is demonstrated by the dancer, in classical dances this is known as *Rasa-Abhinaya*. Every *Rasa* corresponds to a particular *Bhava*. The *Natyashastra* has carefully described the *Bhavas* used to emote each *Rasa*.

Navarasas are the nine moods which correspond to the *Bhavas*. Bharatanatyam and other dance forms uses these nine *Rasas* to evoke sentiments with the audience.

They are followed by facial expressions, hand gestures and body movements. Often people assume these *Rasas* are separate from each other, but nonetheless they are interconnected and overlap when creating a fine framework.

From the Kilburn BN Group 2



TFA ADELAIDE

The Navarasas in Bharathanatyam (by Shriya Narasimha)

Hasya - Humour is one of the most common expressions used in dance. Humour can be observed in dance through multiple occasions, most commonly in a playful scene. For example in Mahabharata, when Krishna and his playful friends prank the Gopika's by stealing their clothes from the riverbanks of Yamuna.

Raudra - Anger an emotion expressed from hurt ego. This emotion is often displayed when there is a fight scene especially when the dancer expresses a god or demigod killing an Asura (demon). Also, Raudra is commonly associated with Lord Shiva when he resembles the destroyer in the Shiva Tandavam.

Bibhatsa - Disgust, it stands for bad manners, vulgarity and dissatisfaction. An illustration of this rasa would be the look on Sita's face when Ravana after kidnapping her asks her to marry him knowing she is another man's wife.

Bhayanaka - translates to Fear. In the Ramayana, the fear on Sita's face when Ravana comes to abduct her is a good example for Bhayanaka.

Shringara - means Delight or Love. This Rasa is used to express the deep and romantic relationship with the opposite sex. An example for this rasa is the delight on Radha's face whenever she sees Krishna.

Veera - translates to Courage and Heroism. A good example for this rasa would be the Swayamvara of Queen Draupadi, when Arjuna volunteers to shoot the arrow to the eye of the fish upon looking at its reflection in water. He displays an act of heroism and confidence when he gets the mark of target right and gets to wed Draupadi.

Karuna - Sorrow, pity or compassion. A good example of Karuna is when Rama comes across Jatayu (The Eagle) who had its wings cut off by Ravana and is dying.

Adbhuta - Wonder, Adbhuta would translate to wonder and curiosity on a dancer's face. The dancer could emote this feeling when displaying wonder from looking upon the form of a Magnificent Lord Shiva riding on his bull, Nandhi.

Shanta - Peace and serenity. This inner feeling can be emphasised through showing meditation in a dance performance, often with the saints performing a *yagna*.

- By Shriya Narasimha (Bharathanatyam Student)

**Hasya
(Garima)**



**Raudra
(Rekha)**



**Shringara
(Tripti)**



**Bibhatsa
(Shriya)**



**Bhayanaka
(Tripti & Shriya)**



**Adbhuta
(Shivali)**



**Karuna
(Garima)**



**Veera
(Rekha)**



**Shanta
(Shivali)**

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TEMPLE OF FINE ARTS ADELAIDE

AT THE FRINGE IN 2021!

2 DANCE EVENTS TAILORED TO DELIGHT ALL YOUR SENSES.
GET YOUR FRINGE TICKETS NOW!
LIMITED SEATING AVAILABLE.

Event 1- Margam - A Dancer's Journey

28/2/21 @5pm
7/3/21 @6pm

Event 2- Simply Odissi

28/2/21 @6pm
7/3/21 @7pm

Tickets for
Adults @ \$25 per
show or \$37.50 for
2 shows
Children @ \$18 per
show or \$27 for 2
shows

Tickets available at FringeTix or book online at
www.adelaidefringe.com.au / www.thegarageinternational.com

For further enquires contact 0426966770



Venue:

The Garage International @ Adelaide Town Hall,
128 King William Street
(Entry via Pirie Street or Flinders Street Laneways)